

February 2010

South Side Community Coalition  
2101 W. Holmes Lansing MI 48910



SOUTH SIDE COMMUNITY COALITION .ORG

# The South Side Scene

## Fresh Produce at South Side Community Coalition

In an effort to help the low income community have access to nutritious, healthy foods, South Side Community Coalition has hosted a free fresh produce distribution program for the last several years. Donations of used grocery bags are much appreciated for this program.. This is a program that is supplemental food pantry and is not related to the Lansing Food Bank’s program.

Join us on the following dates from 1:30 to 6:00 for free fruit, vegetables, bread and other items. Please bring your own box or bag as ours are in short supply. Become a Fan of South Side Community Coalition on Facebook to receive important updates about this program.

Our building where program takes place

<u>Community Food Table</u>	
Free fresh produce from 1:30 to 6:00 on	
February 8	February 22
March 8	March 22
April 5	April 19
May 3	May 17
At	
South Side Community Coalition	
2101 W. Holmes Lansing MI 48910	



## Teen Scene Attends 4-H Youth Conference

From January 23 to 24, 2010, South Side Teen Scene had the opportunity to attend the 4-H Teen Citizenship, Leadership and Service Youth Conference in Cadillac, MI . South Side Community Coalition took 12 teens thanks to the generous support of the Ingham County 4-H Youth Council. At the conference teens and adult leaders were able to attend workshops on topics like “How to Be an Active Community Member” where we learned how to organize community service projects in our neighborhood. Teens were able to meet with 4-H clubs from across Michigan and were able to represent Ingham County at the conference. Future Teen Scene meetings in February will be on the 6th, 13th, and the 27th from 2:00 to 4:00. To attend teens must be 12 and up. Parents are welcome.



Right: Donte’ Dupard presenting his groups project at the Michigan 4-H youth leadership conference in Cadillac, Mi



## Save Energy, Save Money, Save the Environment

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South Side Community Coalition will be hosting a workshop this month through a program presented by the Board of Water and Light, Michigan Energy Options, CACS, and GET City. The workshop will help residents learn about free programs that can help you to save money on your heating and electricity bills. Everyone who attends will receive a CFL light bulb. Did you know that a CFL light bulb lasts 10 times longer than a normal bulb and uses 75% less electricity than a normal light bulb? You will learn this and other interesting ways to save energy and save money this winter. The workshop is free, open to all and pizza will be provided. Come and Join us on Feb 11 at 6:00 to learn about other great ways to save money!



**Free Energy Fitness Workshop**  
**February 11, 2010 at 6:00 p.m.**  
**At South Side Community**  
**Coalition**  
**2101 West Holmes Road Lansing MI**  
**48910**



## Organize a Drive for Disney's Get a Day Give a Day Program

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We are proud to be a Disney's Give a Day Get a Day program site. Volunteers who do community service with us in 2010 will be able to receive a free day at a Disney theme park. One great way to volunteer is to host a drive to benefit South Side Community Coalition. If you or your family are a member of a club, group, religious organization or just have a large network of friends, here are some ideas of 'drives' you can organize with your friends, family, church etc. and just drop off the items you have collected to us. As a result of your drive you and all your helpers will get a free ticket to Disney World for all participating members of your group/ family.

The following items we are most in need of:

1. All kinds of gently used sports equipment (basketball, basketball hoop, footballs, golf clubs, etc.)
2. Art and Craft Supplies for our summer camps, after school and 4-H programs (paint, paper, arts and crafts projects, sewing, markers, crayons, poster boards, tie dye, etc.)
3. Backpacks and School Supplies for kids in need who are involved in our programs
4. Garden Tools, Landscaping items and Garden Supplies ( pretty much everything but seeds)
5. Pop can drive: good project for college student groups around football season or by going door to door in the dorms.

If you are interested in participating in a Drive For South Side, please email Lisa at [lisahalesscc@yahoo.com](mailto:lisahalesscc@yahoo.com) listing what you are interested in doing. For the most up to date information about the program become a fan of South Side Community Coalition at Facebook. We will be sending out updates to all fans. Check the links and notes section of our Facebook to learn more about the program.

## After School Youth Attend MLK Day Luncheon at Lansing Center

This year — thanks to a donation from David Wiener — South Side Community Coalition sponsored a table at the “Celebrating the Dream Through Unity & Service”- the Dr. Martin Luther King, Jr. 25<sup>th</sup> Annual Holiday Luncheon. We were able to take seven wonderful young ladies who were chosen from our after school and tutoring program.

At the event the youth were able to listen to keynote speaker Mrs. Juanita Abernathy, the wife of the late Ralph

David Abernathy. She was a foot soldier in the Civil Rights movement, and participated in all the pivotal protest of the era.

Good Job to Taylor Sherrer, Nybria Sherrer, Cierra Adams, Raven Perkins, Raquel Claybrooks, Rickisha Claybrooks and Sharron Edwards for their academic achievements and essays that awarded them the honored spot at our MLK table this year.



Youth at MLK Day Luncheon



## Plan First~ Free Family Planning Health Coverage

Does your insurance not cover birth control or do you need health coverage? Plan First can help you to cover these expenses even if you have been told that you make too much money to receive Medicaid. The program will cover office visits for family planning, birth control prescriptions, contraceptive devices, pap lab testing, treatment of STDs, and some sterilization for women over 21. To be eligible for the program you must meet certain income guidelines. For example, Plan First is open to women age 19 to 44 who have family income between 0 to a max of 185% of the federal poverty line. This means that if you are single your max annual income to be eligible for the program is \$20,035. The max income for a family of four is an annual income of \$40,792 to be eligible. Come to the South Side Community Coalition to apply. Please bring with you your I.D. and if you are not born in Michigan proof you are a U.S. citizen (passport or birth certificate). For more information please contact: Lisa Hale 517-394-3217

**Enroll for the Plan First Program at  
South Side Community Coalition 2101 West Holmes Lansing 48910**

## H1N1 Shots for Free at Ingham County Health Department

At the Ingham Health Department, the H1N1 shots are available to everyone over the age of 6 months free of charge. To get your flu shot check the list of times and locations (on the right) that the shot is available at the [Ingham Health Department](#). These are walk-in clinics and no appointments are needed. The health department is located at [5303 South Cedar Lansing MI Door 3](#). If you have insurance please bring your cards. But if you do not have insurance the shot will be completely free. More information can be found at the health department's website [www.hd.ingham.org](http://www.hd.ingham.org). or call 517-887-4316. No shots will be given on Feb 15 due to the Presidents Day holiday.

Mon, Tue, Wed, Fri  
9:30am to 11:30am and  
1:00pm to 4:30pm  
in Conference Room A or B  
Wednesday Evenings  
4:30 pm to 6:00pm  
in Conference Room A or B  
Thursday in Room 206  
1:00 to 4:30



Bringing Change to the Community

**SOUTH SIDE  
COMMUNITY COALITION**

**2101 W. Holmes Rd.  
Lansing, MI 48910**

Phone: 517- 394- 7400

Fax: 517- 394-3138

[wsouthsidecommunitycoalition.org](http://wsouthsidecommunitycoalition.org)

Become a Fan on Facebook

***“Bringing Change  
To The  
Community One Day  
at a Time”***

Mon	Tue	Wed	Thu	Fri	Sat
<b>FEB</b>	<b>20</b>	<b>10</b>			
1 Center Open @ 8 am  After School & Tutoring 2:30 - 6:00 pm	2 Center Open @ 8 am  After School & Tutoring 2:30 - 6:00	3 Center Open @ 8 am  After School & Tutoring 2:30 - 6:00	4 Center Open @ 8 am  After School & Tutoring 2:30 - 6:00 pm	5 Center Open @ 8 am  Popcorn and Move 2:30 - 6:00 pm	6 Teen Scene  2:00-4:00 pm
8 Center Open @ 8 am  After School & Tutoring 2:30 - 6:00 pm	9 Center Open @ 8 am  After School & Tutoring 2:30 - 6:00 pm	10 Center Open @ 8am  After School & Tutoring 2:30 - 6:00 pm	11 Center Open @ 8 am  After School & Tutoring 2:30 - 6:00 pm	12 Center Open @ 8 am  Popcorn and Movie 2:30 - 6:00 pm	13  Teen Scene 2:00 to 4:00 pm
15 Center Open @ 8 am  After School & Tutoring 2:30- 6:00 pm	16 Center Open @ 8 am  After School & Tutoring 2:30 - 6:00	17 Center Open @ 8 am  After School & Tutoring 2:30 - 6:00	18 Center Open @ 8 am  After School & Tutoring 2:30 - 6:00 pm	19 Center Open @ 8 am  Popcorn and Movie 2:30 - 6:00 pm	20
22 After School & Tutoring 2:30 - 6:00 pm	23 After School & Tutoring 2:30 - 6:00 pm	24 After School & Tutoring 2:30 - 6:00 pm	25 Senior Luncheon 12:30 to 2:30  After School & Tutoring	26  Popcorn and Movie 2:30 - 6:00 pm	27  Teen Scene 2:00 to 4:00

# The South Side Scene

a publication of the

**South Side Community Coalition**

**February 2010**

[www.southsidecommunitycoalition.org](http://www.southsidecommunitycoalition.org)

Become a Fan on Facebook

Staff Members

Pete Cunningham: Director

Yolanda Sherrer: Afterschool, Youth & Summer programs

Lisa Hale, Yolanda Sherrer: Health Resources

Board Members

David Wiener, Chair , Cathy Scott Lynch, Vice Chair

Laurin' Thomas, Secretary, Cordell Henderson, Treasurer

Ann Blair , Cleveland Henry , Steven Thomas

Gordon Wilson

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