

December/January/February

South Side Community Coalition
2101 W Holmes Road
Lansing, Mi 48910



SOUTH SIDE COMMUNITY COALITION.ORG

SOUTH SIDE SCENE

HAPPY HOLIDAYS

On behalf of the staff and the Board here at the South Side Community Coalition, I would like to wish you and yours a wonderful Holiday Season and a Happy New Year.

We here at the South Side Community Coalition have so much to be thankful for in our 14 years serving the residents of greater Lansing. We are thankful to the following organizations that believed in us.

- **Jackson National Life**
- **Ingham County**
- **Ingham County Health Department**
- **The City of Lansing**
- **The State of Michigan**
- **Community Foundation**
- **The Power of We**
- **United Way**
- **Mid Michigan Food Bank**
- **Kiwanis**

I am pleased to acknowledge the following organizations that help our youth in other ways by donating tickets, fieldtrips, and hosting free workshops. Through their generous community service spirits, youth are exposed to a number of events. Most of our youth would not have had these opportunities without their services.

- **Wharton Center for Performing Arts**
- **Michigan State University Athletic Department**
- **Lunch with A Purpose**
- **Humane Society**
- **4-H**
- **Michigan State University Students**
- **Exp!ore Lab Science**
- **Michigan Apple Association**

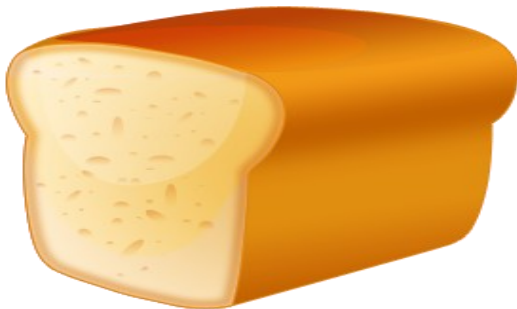
As we look back through the years we have much to be thankful for and much to look forward to in the future. I am very amazed at how far we have come over the years and I am thrilled to see all the great new programs and partnerships that are on our horizon. Thank you Lansing for all your continued support - Pete Cunningham

Senior Citizen's BINGO

The South Side Community Coalition will be hosting free bingo games for senior citizens. Seniors will be able to win household gifts. Bingo will be on the 2nd & 3rd Wednesday of each month. 11:30am -12:30pm



Community Food Distribution



South Side Community Coalition will be hosting free Bread Days: 1:00P.M.

December 9, 2013

December 16, 2013

January 6, 2014

January 21, 2014

February 4, 2014

February 18, 2014

CLOTHING CLOSET



Hours of Operation:
Wednesday and Friday

11:00 - 3:00 P.M.



SOUTH SIDE SCENE

1 (18 1/4 ounce) box devil's food cake mix (Betty Crocker Super Moist suggested)
1/2 cup vegetable oil
2 large eggs
confectioners' sugar or granulated sugar, for rolling

Preheat oven to 350F°.

Stir dry cake mix, oil and eggs in a large bowl until dough forms.

Dust hands with confectioners' sugar and shape dough into 1" balls.

Roll balls in confectioners' sugar and place 2 inches apart on ungreased cookie sheets.

Bake for 8-10 minutes or until center is JUST SET.

Remove from pans after a minute or so and cool on wire racks.



ZUMBA CLASSES:

Come Zumba with the South Side Community Coalition on Monday Nights:
Zumba class is a latin inspired dance class that involves fitness and getting people into shape. It is a entertaining class that is fun and exciting for people of all ages and genders. It is different than most fitness classes, yet will be sure to give you the workout you have been searching for.

ZUMBA

Monday 6:30-7:30PM

Michigan Pathways to Better Health

PROGRAM DESIGN: Participants are assigned a Community Health Worker (CHW) as their care coordinator. At the first home visit, using a checklist, the CHW assesses the individual's health status (including social and behavioral health status), housing and employment situation, and other dynamic areas of the individual's life, with the purpose of identifying any problem areas to be addressed, along with desirable outcomes that could be attained through Pathways. Key steps in the Pathways include providing standardized educations to the client and/or family members; Identifying and eliminating barriers to receiving services, such as transportation, health insurance coverage, fear of the physician's office, and language and cultural barriers; and confirming that appointments were kept and evidence-based interventions received, and assisting with follow up services and compliance with treatment plans. Although the defined outcome is usually related to health, it can also relate to an improvement in employment, educations, housing, or other social conditions that affect health status.

ELIGIBILITY:

- Eligible for Medicaid, Medicare, or Adult Benefit Waiver (Ingham Health Plan A)
- Have 2 or more chronic conditions
- Be 18 years or older
- High user of medical services
- Reside in Ingham County



REFERRAL PROCESS: Contact Lori Noyer, Project Coordinator at 517-272-4179

Angie Fuentes
Community Health Worker
2101 W Holmes Rd
Lansing, MI 48910
angiesscchw@gmail.com
517-303-5660

Parents Speak Up!

Parents start relating before they start dating

WHAT IF?

- You don't want to talk about sex.
- Your kids don't want to talk about sex.
- You're too scared to talk about "IT."
- You're not ready.
- Your child tells you they are pregnant or has gotten someone pregnant.
- Your child has contracted an STD/STI.
- You wished you could do more.
- You don't know how to get the conversation started.
- You've been thinking you should say something but just haven't yet.
- It's not too late!

Few subjects are tougher for parents to discuss with their kids than sex. Yet few are more important. Teen pregnancies, sexually transmitted disease (STD) infections among teens, and the lingering regret teens feel about decisions relating to sexuality is harming teens, families, and our community.

This parent/adult educational training opportunity is designed to inspire parents/adults to start talking to your child (ren) about important issues such as sexuality and peer pressures at an early age. We feel it is important for parents to start relating before their child start dating.

Parents Speak UP! Is a 90 minute informal workshop designed to reinforce the importance of having

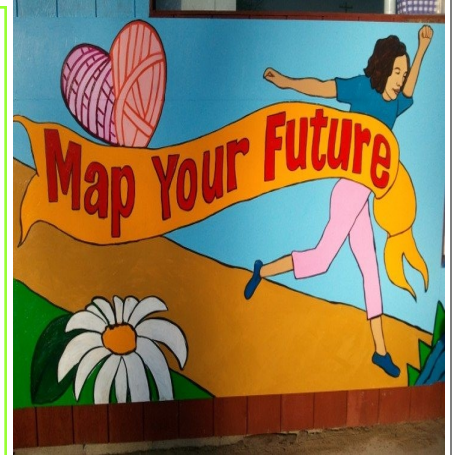
discussions early and often about waiting to have sex.

The Michigan Abstinence Program is a grant funded program whose goal is to help 40 adults overcome communication barriers they may be experiencing with their child.

Parents/adults will be provided with tips, have an opportunity to share ideas, and receive hands on practice at having conversations about waiting to have sex.

If you have any questions, or would like to RSVP for this workshop please call

517-882-3772 or email us at ylthomas20@gmail.com, or sscctresa@gmail.com



CURRICULUM MATERIAL

- Building Healthy Relationships.
- The social, psychological, and health gains to be realized by abstaining from sexual activity.
- Resisting Peer Pressure
- Effective Communication
- Substance Abuse Prevention
- STD's & STI's
- Personality Styles
- Love Languages

MICHIGAN ABSTINENCE PROGRAM CLASSES:

CLASS LOCATIONS:

South Side Community Coalition
 El-Hajj Malik El-Shabazz Academy
 Lansing Charter Academy
 St. Vincent's Catholic Charities

THANK YOU!

Does your child need to earn a little extra money for the holidays?

Enroll in our MAP classes and upon completion of 14 hours of curriculum instruction, students will be eligible to earn a \$50 gift cards

**Call to
 Enroll your
 Child
 Today!**

Call 517-882-3772



Bringing Change to the Community

**SOUTH SIDE
COMMUNITY
COALITION.ORG**

2101 W. Holmes Rd.
Lansing, MI 48910
517-394-7400

South Side Community Coalition Special Events

December 2013

Senior BingoDec 11 and Dec 18 , 2013 (11:30a.m—12:30p.m)

Senior LuncheonDecember 19, 2013 (12:30p.m-2:30p.m)

January 2014

Senior Bingo.....Jan 8 and Jan 15, 2014 (11:30a.m—12:30p.m)

Senior LuncheonJanuary 23, 2013 (12:30p.m-2:30p.m)

Senior Game Night..... January 31, 2013 (6:30p.m-7:30p.m.)

February 2014

Senior Bingo Feb 12 and 19, 2014 (11:30a.m—12:30p.m)

Senior Luncheon Feb 27, 2014 (12:30p.m-2:30p.m)

Senior Game Night Feb 28, 2014 (6:30p.m-7:30p.m.)



The South Side Scene

publication of the
South Side Community Coalition
December/January/February
www.southsidecommunitycoalition.org
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South Side
Community Coalition
2101 West Holmes Road
Lansing, MI 48910

Staff Members

Pete Cunningham: Director

Yolanda Sherrer: Afterschool, Youth & Summer programs

Lisa Hale, Yolanda Sherrer: Health Resources

Yalonda Thomas, Tresa Bonds: Michigan Abstinence Program

Angie Fuentes, Community Health Worker

Board Members

Ann Blair, Chair

Cathy Scott Lynch, Treasures

Lauren Thomas, Secretary

David Wiener

Cleveland Henry

Gordon Wilson